



SOLUTION FOCUSED P S Y C H O L O G Y

Amanda Lafferty is a Registered Psychologist and the owner and operator of Solution Focused Psychology. Her practice specializes in the assessment and treatment of children who struggle with separation and divorce, trauma, attachment disorders, autism spectrum disorder, learning disorders, depression, and anxiety. Amanda has additional training in play therapy, play-based treatment of trauma, and collaborative law. She has collaborated on the creation of two therapeutic play-based groups for children, "The Friend Ship" and "Play in Around." Amanda was born and raised in Medicine Hat. She is the proud mother of Atticus T. and a dog lover.

Child Counselling Services



Children must be approached and understood from a developmental perspective. They must not be viewed as miniature adults. Their world is one of concrete realities and their experiences are often communicated through play. Unlike adults whose natural medium of communication is speaking, the natural medium of communication for children is play.
- Garry Landreth, 1991.

Contact Information

Amanda Lafferty, B.Sc.,B.Sc.OT, MACP.

Registered Psychologist

#101, 427 Dundee Street SE

Medicine Hat, AB

T1A 0T6

T: 403.504.9777

F: 1.877.888.4699

E: al.solfocpsy@me.com

W: www.solfocpsy.ca



SOLUTION FOCUSED
P S Y C H O L O G Y





Child Specialist in Collaborative Law

A Collaborative Law Team approach is the most fitting, to best support families with ideal resources for reaching a durable agreement when faced with a parental separation. Collaborative Divorce gives families an integrated approach of positive supports through the transition from a one house family, to a two house family.

A Collaborative team consists of two Lawyers, two Divorce Coaches, a Financial Specialist, and a Child Specialist.

A Child Specialist is the voice of the children in a divorce. A Child Specialist will:

- Meet with parents, individually and together.
- Meets with children to gain their perspective on the divorce.
- Offer the children support and comfort in a stressful time.
- Provides a safe place for the children to tell their story.
- Helps the parents understand what is happening to their children.



Counselling Services

Trauma/Abuse

Divorce

Grief and Loss

Attentional Problems

Anxiety

Autism Spectrum Disorder

Friendship problems

Depression

Parenting Consultation

Play Modalities Used

Fantasy Play

Storytelling

Art

Play Toys

Puppet Play

Sand Play

Clay



Assessment Services

Achievement/Aptitude Testing

Intelligence Testing

Neuropsychological Testing

Behavioural Assessments

Referral Questions

- * Does my child have Attention Deficit Disorder?
- * Does my child have a learning disability?
- * What can we do to help my child function better in the classroom?
- * What is my child's cognitive strengths and weaknesses?
- * Is my child on the Autism Spectrum?