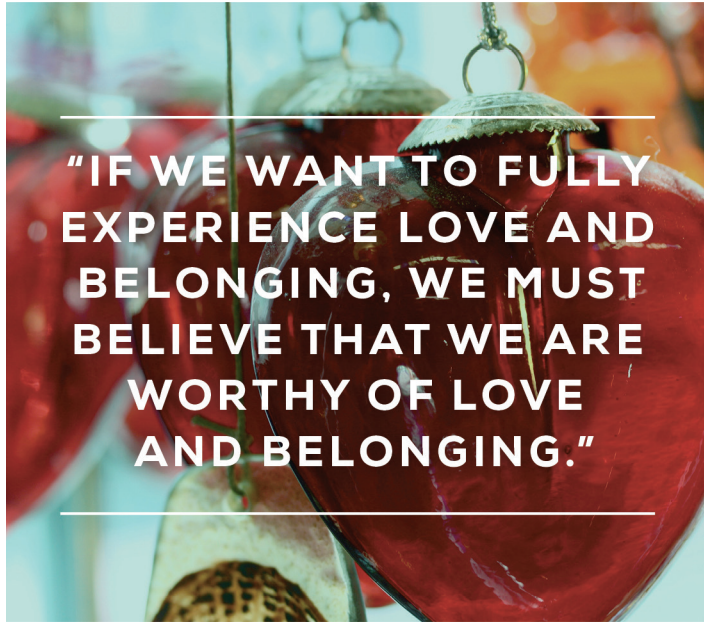


# THE DARING WAY™

SHOW UP | BE SEEN | LIVE BRAVE™



based on the research of Brené Brown



## The Daring Way™ Intensive

led by

Amanda Lafferty, Registered Psychologist, CDW  
Candidate

**9/26/2014 - 9/28/2014**

at

### Solution Focused Psychology

101, 427 Dundee Street SE

Medicine Hat, T1A 0T6

price  
**900.00**

*Have you experienced trauma in your life - either through abuse, domestic violence, divorce or grief? I invite you to attend this workshop that will provide you with the skills to show up, be seen, and live brave. Limited spacing of six participants; lunches and light snacks will be provided. Proper invoices will be issued.*

*The Daring Way™ is a highly experiential methodology based on the research of Dr. Brené Brown. The method was developed to help men, women, and adolescents learn how to show up, be seen, and live braver lives. The primary focus is on developing shame resilience skills and developing a courage practice that transforms the way we live, love, parent, and lead. It can be facilitated in clinical, educational, and professional settings and is suitable for work with individuals, couples, families, work teams, and organizational leaders.*

*Further information is available at [www.thedaringway.com](http://www.thedaringway.com)*

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*for more information:*

403-504-9777 | [al.solfofpsy@me.com](mailto:al.solfofpsy@me.com) | [www.solfofpsy.ca](http://www.solfofpsy.ca)